



**Minutes of an Extra-Ordinary Meeting of Full Council
held on 22 November 2022
At 7.30pm at
Kents Hill Community Centre
Frithwood Crescent Kents Hill MK7 6HQ**

Present: Cllr Nigel Cox (Chair) and Cllrs Vikas Chandra (VC) Jenni Ferrans (JF), Lou Fisher (LF) and Taimyr Boungou-Pouaty.

Also Present: Lesley Sung (Locum Clerk)

Members of the Public Present: 20

Public Open Session (Max. 15 mins): Members of the public were in attendance in support of the continuation of the fitness classes. Most present felt that the classes were welcoming and less intimidating than attending a formal gym. They considered the classes to be tailored to their personal needs and felt that this type of experience would not be available in a gym environment. The classes were non-judgemental with an individual approach by the trainer.

Members of the public reported that approximately 10 people attended the first gym session and approximately 14 people attended the second session.

FC103/22	Apologies: Apologies for absence were received on behalf of Glen Dersley and Paul Grindley. The apologies were accepted.
FC104/22	Declarations of Interests: None declared.
FC105/22	<p>Fitness Class Provision – Service Level Agreement</p> <p>The Council considered the continuation of two fitness classes following the run of a pilot scheme.</p> <p>The fitness scheme was aimed at the basis level of fitness and possibly more advanced as the classes became fitter. The number of attendees depended on the size of the room when the fitness classes were to be held. The classes had been taking place at Monkston School, although in the future, the location may change.</p> <p>It was imperative that any trainer held the right qualifications and held public liability for our insurance purposes. Attendees would be required to complete a health and fitness form before starting any of the lessons. This would ensure that the trainer had all the relevant fitness and medical information available before any attendee took part in the class.</p> <p>The trainer would also need to comply with the General Data Protection Regulations 2018 (GDPR) and that any sharing of information needed to be kept to a minimum. The data would be shared with the Parish Council and any substitute trainer in the event of sickness.</p> <p>Resolved Unanimously: That the Council accepts that the above matters should be included in a Service Level Agreement and that any trainer providing fitness classes in the future, should abide by that agreement.</p>

FC106/22	<p>Provision of Fitness Classes for 2022</p> <p>The funding for the provision of fitness classes was now under review and the course had come to an end. Under the Council's adopted Financial Regulations, continuing with fitness classes would involve obtaining three quotes for the provision of fitness classes gong forward.</p> <p>Resolved Unanimously:</p> <ol style="list-style-type: none"> 1. That the Council acknowledges the level of support for the current fitness class trainer 2. That the Council, throughout the remainder of November and December, agrees to suspend its Financial Regulations and continue the fitness classes with the current trainer, subject to him abiding by an agreed Service Level Agreement, setting out the Council's required specification for the classes and to set expectations between both parties. 3. That the Council obtains three quotes for fitness class provision as from January 2023.
	Meeting closed at 9.45pm

Signed _____ (Chair) Date _____